SING ME A STORY



DE 3533





MUSICAL TALES FROM DELOS

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- 1. **Mark Abel: The Benediction** (6:18) Hila Plitmann, soprano Tali Tadmor, piano
- 2. **Ben Moore: The Lake Isle of Innisfree** (3:48) Paul Appleby, tenor Brian Zeger, piano
- 3. **Henry Leslie: Annabel Lee** (4:02) John Aler, tenor Grant Gershon, piano
- 4. **Mark Abel:** *The Dream Gallery:* Helen (Los Angeles) (11:27) Mary Jaeb, soprano La Brea Sinfonietta; Sharon Lavery, conductor
- 5. **Ben Moore:** *Dear Theo*: The Red Vineyard (3:09) Paul Appleby, tenor Brian Zeger, piano
- 6. **Samuel Barber: Stopping By Woods on a Snowy Evening** (2:00) Kyle Bielfield, tenor Lachlan Glen, piano
- 7. **Benjamin Britten: The Salley Gardens** (3:23) Arleen Auger, soprano Dalton Baldwin, piano
- 8. **Mark Abel:** *The Palm Trees Are Restless:* Crater Light (3:45) Hila Plitmann, soprano Tali Tadmor, piano

9. **Aaron Copland: Heart, We Will Forget Him** (2:12) Arleen Auger, soprano • Dalton Baldwin, piano

- 10. **Wolseley Charles: The Green-Eyed Dragon** (3:07) John Aler, tenor Grant Gershon, piano
- 11. **Arthur Sullivan: The Lost Chord** (4:08) John Aler, tenor Grant Gershon, piano
- 12. **Cy Coleman: Paris is My Old Kentucky Home** (1:46) Richard Rodney Bennett, voice and piano
- 13. Mark Abel: *The Dream Gallery:* Todd (Taft) (10:18)
 David Marshman, baritone La Brea Sinfonietta; Sharon Lavery, conductor
- 14. **Aaron Copland: Long Time Ago** (2:46) Kyle Bielfield, tenor Lachlan Glen, piano
- 15. **Manning Sherwin: A Nightingale Sang in Berkeley Square** (4:09) Richard Rodney Bennett, voice and piano
- 16. **Mark Abel:** *The Dream Gallery:* Adam (Arcata) (11:43) Tom Zohar, tenor La Brea Sinfonietta; Sharon Lavery, conductor

Total Playing Time: 78:21

his **Sing Me a Story** collection celebrates music's ability to touch our hearts and minds through the path of narrative texts. While love is the subject of several of these songs, the others evoke and examine an even wider range of human expression and experience.

The poems and lyrics encompass many internal journeys – depicting such diverse topics as a New England winter evening, Van Gogh's tortured stay in Arles, the yearning for transcendence in Victorian England, the whimsy of mid 20th century pop tunes, the despair of a dying California oil town. All of these songs are leading you toward some destination – from the geographical to the metaphysical, with a variety of detours suggested along the way.

Some of the text authors are famous and revered – William Butler Yeats, Edgar Allan Poe, Robert Frost, Emily Dickinson; others – Kate Gale, Bob Hilliard, Eric Maschwitz, Adelaide Procter, Greatrex Newman – less so, but inspiring nonetheless. A 19th century American "unknown" contributed the touching ballad "Long Time Ago." Contemporary California composer Mark Abel is also a lyricist and wrote the texts to four pieces in this collection.

The other composers are a distinguished bunch: Aaron Copland, Benjamin Britten, Samuel Barber, Arthur Sullivan, Richard Rodney Bennett, Ben Moore and musical theater specialists Cy Coleman, Manning Sherwin and Wolseley Charles.

The performing artists are stellar as well – sopranos Arleen Auger, Hila Plitmann and Mary Jaeb; tenors John Aler, Paul Appleby, Kyle Bielfield and Tom Zohar; baritone David Marshman; and Richard Rodney Bennett, a suave song stylist who doubles on piano. The other fine pianists are Brian Zeger, Dalton Baldwin, Grant Gershon, Tali Tadmor and Lachlan Glen. The La Brea Sinfonietta is conducted by Sharon Lavery in the three excerpts from Mark Abel's orchestral song cycle *The Dream Gallery*, which depicts the lives of Californians from different towns.

THE BENEDICTION Text and music: Mark Abel

The composer's multihued musical setting dovetails with his elegiac and powerful depiction of a country passing through a period of inner crisis.

From sea to shining sea ...

Evergreen cliffs lean into the Pacific, beneath a leaden sky where avocets play along the strand that stretches forever. Glad to be alive!

I sense a building tide sweeping across a discontented land that needs renewal. When the change comes, who will be ready? Who will be ready? ... Throw away your easy answers, they will not help you now.

Rolling along a Dixie highway, kudzu cloaking the tallest trees. A place of ghosts, piney woods and savage seasons. We are crying out for truth and reason. See how the path is overgrown!

In the green fields of the heartland towns are thinning out, dreams downsizing. A chill wind blows through the empty mall. Somewhere a young man cleans his gun. "They have stolen my America," he cries.

Who will draw the poison from his heart?
... From his heart.
A girl or God, we pray.

Far New England, autumn time.
A child stares at red leaves
and wonders how a miracle is made.
She will grow and she will know before long
the path of grace, the changing face of
our age

— ever shifting, elusive, turned toward the future.

Of this she is sure: Yesterday is gone and open hearts must point the way.

And with her go the hopes of all, from sea to shining sea.

THE LAKE ISLE OF INNISFREE

Text: William Butler Yeats; music: Ben Moore

This famous poem is perhaps Yeats' bestknown work; Moore skillfully captures the narrator's nostalgic yearning for spiritual calm amid the glories of nature.

I will arise and go now, and go to Innisfree, And a small cabin build there, of clay and wattles made:

Nine bean-rows will I have there, a hive for the honey-bee;

And live alone in the bee-loud glade.

And I shall have some peace there, for peace comes dropping slow, Dropping from the veils of the morning to where the cricket sings; There midnight's all a glimmer, and noon a purple glow, And evening full of the linnet's wings.

I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;
While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.

ANNABEL LEE Text: Edgar Allan Poe; music: Henry Leslie

Poe's mysterious, mournful tribute to a deceased woman remains a landmark of idealized love in literary form. Leslie's setting, dating from the mid 1860s, was written originally for choir.

It was many and many a year ago, In a kingdom by the sea, That a maiden there lived whom you may know By the name of Annabel Lee; And this maiden she lived with no other thought Than to love and be loved by me.

I was a child and she was a child, In this kingdom by the sea; But we loved with a love that was more than love-I and my Annabel Lee; With a love that the winged seraphs of heaven Coveted her and me.

And this was the reason that, long ago, In this kingdom by the sea, A wind blew out of a cloud, chilling My beautiful Annabel Lee; So that her highborn kinsman came And bore her away from me, To shut her up in a sepulchre In this kingdom by the sea.

For the moon never beams without bringing me dreams
Of the beautiful Annabel Lee;
And the stars never rise but I feel the bright eyes
Of the beautiful Annabel Lee;
And so, all the night-tide, I lie down by the side
Of my darling- my darling- my life and my bride,
In the sepulchre there by the sea,
In her tomb by the sounding sea.

THE DREAM GALLERY: HELEN (Los Angeles) Text and music: Mark Abel

This emotive journal of a married woman's gradual unraveling is the opening piece in Abel's orchestral song cycle devoted to portraits of imaginary Californians.

Autumn morning, Marina del Rey. Workmen sip their coffee, parked by the mouth of the Grand Canal. The painters and plasterers will be plying their trade as soon as their clients are decent. A young girl walks her dog. And I, the pride of Fontana, so many years ago I came to the towers of downtown. Pretty, but oh so green, I needed a mentor. I found one in Ken. Smooth as Glenlivet, polite and kind, son of a banker back East, a prince of the board room. Charm to spare and wavy hair, he showed me the ropes, in more ways than one.

— And we always had fun!
Off to Vegas, with the top down, weekends in Baja Sur.
The slopes at Mammoth, sparkling in the moonlight.
Sunday brunches in Laguna, strolling along the sand.

I outmaneuvered the other girls and rose with the arc of his star.
My marvelous man.
And over time, the closeness grew.
Sometimes I wondered what he saw in me.

I gave up my flat in Van Nuys. We married and bought in the Palisades, thanks to the money that his parents left. Boom times, our times ...

Soon a child was on the way.
I quit my job since Ken was almost up to the top.
My golden life seemed so secure, unfolding like the proudest bird of paradise. The years rolled on.
Some friends melted down into the white powder, others wrapped themselves in the flag. We stayed with what we knew — or should I say, I stayed.
Held by the fear of it slipping away, my life narrowed down to a point.
And I froze.

I couldn't see, but Ken was turning, turning away from me.

More and more time at the office

— or so he said.

My focus was our son, a chip off the old block

— sociable, bright and easy on the eyes. I hardly see him anymore.

Finally, my husband brought forth his creature.

Much younger, so lithe and smart, a walking tribute to the plastic surgeon's art.

His plan was perfection, a *fait accompli*. As I was reeling, the lawyer called to announce Ken's terms.

They were generous, I suppose.

It all happened so fast, no time to gauge the damage to my heart. That was twenty years ago; where have I been since then?

A new life, unscheduled. No map or guide for this blasted landscape. I have wandered in the wilderness, a trackless swamp of time, where songless birds are flying.

Now I live in this place by the sea, manicured, windswept and lonely. Life on the Via Dolce has never been sweet. But maybe tomorrow I will finally turn the page.

DEAR THEO: THE RED VINEYARD Text: Vincent van Gogh; music: Ben Moore

Van Gogh's emotionally charged and revelatory letters to his brother from Arles have moved countless people around the world – among them New York composer Ben Moore.

"Dear Theo... my brother... if only you had been there when I saw the red vineyard, all red like red wine. In the distance it turned to yellow, and then a green sky with the sun, and the earth after the rain, violet, sparkling yellow here and there where it caught the reflection of the setting sun." (November 1888)

"Oh Theo, brother... I think that I must have a starry night with cypresses, in blue and yellow light, or surmounting a field of ripe corn... there are such wonderful nights here... I am in a continual fever of work! ...I hope the weather is as fine in Paris as it is here. Write as soon as you can. Ever yours, Vincent" (April 1888)

STOPPING BY WOODS ON A SNOWY EVENING

Text: Robert Frost; music: Samuel Barber

One of America's most-loved poems encapsulates for many New England's timeless appeal; Barber's eloquent, understated setting is a fine example of his expertise in writing songs.

Whose woods these are I think I know. His house is in the village though; He will not see me stopping here To watch his woods fill up with snow.

My little horse must think it queer To stop without a farmhouse near Between the woods and frozen lake The darkest evening of the year.

He gives his harness bells a shake To ask if there is some mistake. The only other sound's the sweep Of easy wind and downy flake.

The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep.

THE SALLEY GARDENS Text: William Butler Yeats; music: Benjamin Britten

Yeats' folksong-like and slightly sorrowful poem brought out the gentle and contemplative side of Britten, a composer more commonly given to extroverted expression.

Down by the Salley gardens my love and I did meet:

She passed the Salley gardens with little snow-white feet.

She bid me take love easy, as the leaves grow on the tree;

But I, being young and foolish, with her did not agree.

In a field by the river my love and I did stand, And on my leaning shoulder she laid her snow-white hand.

She bid me take life easy, as the grass grows on the weirs;

But I was young and foolish, and now am full of tears.

THE PALM TREES ARE RESTLESS: CRATER LIGHT

Text: Kate Gale; music: Mark Abel

Los Angeles poet Kate Gale's evocation of a confessional barroom encounter inspired Abel to write a unique song that alternates between jaunty, agitated and dreamy episodes.

The man drinking whiskey sours tells me about his divorce.

The problem was his wife, apparently. She would not

lie still. Any movement, any distraction caused malfunction.

She knew this. She was warned. Yet she moved arms, ears, toes.

Stay still, he said. His wife underneath. Said it louder. She froze. The light changed. Moonlight, shadow. I can't focus, he said. She opened her eyes. Can I watch?

Better not, he said. Nothing's going to happen. Stay still. She knew he was right by the way the moon's craters seized the light and reflected it back to earth through the window. Unable to create light of their own.

Some receptors create. She was sure of this. She stayed still, but he was right, nothing happened. What he tells me? She was warned. He buys me a drink. Hopes my mind will change. But my mind is with his wife in bed watching the moon's craters.

HEART, WE WILL FORGET HIM Text: Emily Dickinson; music: Aaron Copland

Pathos and beauty intertwine memorably in Copland's setting of a characteristic and to-the-point Dickinson utterance. The piece is part of Copland's cycle "Twelve Poems of Emily Dickinson."

Heart, we will forget him You and I, tonight. You may forget the warmth he gave, I will forget the light. When you have done, pray tell me, That I my thoughts may dim; Haste! lest while you're lagging, I may remember him!

THE GREEN-EYED DRAGON Text: Greatrex Newman; music: Wolseley Charles

One of the most charming and amusing "nonsense" songs ever written, Newman and Charles carry the listener along for the ride in an unmistakably British fashion.

Once upon a time there was a fair princess Most beautiful and charming Her father, the king, was a wicked old thing With manners most alarming And always on the front door mat A most ferocious dragon sat Made such an awful shrieking noise So all you little girls and boys

Beware, take care
Of the green eyed dragon with the thirteen tails
He'll feed, with greed
On little boys, puppy dogs, and big fat snails
Then off to his lair each child he'll drag
And each of his thirteen tails he'll wag
Beware, take care
And creep off on tiptoes
And hurry up the stairs
And say your prayers

And duck your heads, your pretty curly heads
Beneath the clothes, the clothes

That dragon he lived for years and years But he never grew much thinner For lunch, he'd try a policeman pie Or roast ten beasts for dinner One brave man went round with an axe And tried to collect his income tax That dragon he smiled with fiendish glee And quietly murmured "R.I.P."

Beware, take care Of the green eyed dragon with the thirteen tails He'll feed, with greed On little boys, puppy dogs, and big fat snails Then off to his lair each child he'll drag And each of his thirteen tails he'll wag Beware, take care And creep off on tiptoes And hurry up the stairs And say your prayers And duck your heads, your pretty curly heads Beneath the clothes, the clothes, the clothes

The dragon went down to the kitchen one day
Where the fair princess was baking
He ate, by mistake, some rich plum cake

That the fair princess was making
That homemade cake, he could not digest
He moaned and he groaned, and at last
went west
And now his ghost, with bloodshot eyes
At midnight clangs his chains and cries

Beware, take care Of the green eyed dragon with the thirteen tails He'll feed, with greed On little boys, puppy dogs, and big fat snails Then off to his lair each child he'll drag And each of his thirteen tails he'll wag Beware, take care And creep off on tiptoes And hurry up the stairs And say your prayers And duck your heads, your pretty curly heads Beneath the clothes, the clothes, the clothes.

THE LOST CHORD
Text: Adelaide Procter;
music: Arthur Sullivan

In terms of popularity, this song is one of the musical peaks of the Victorian era. Written at the bedside of Sullivan's dying brother, it was later performed by no less than Enrico Caruso.

Seated one day at the organ, I was weary and ill at ease, And my fingers wandered idly Over the noisy keys.

I do not know what I was playing Or what I was dreaming then, But I struck one chord of music, Like the sound of a great Amen.

It flooded the crimson twilight, Like the close of an angel's psalm, And it lay on my fevered spirit, With a touch of infinite calm.

It quieted pain and sorrow, Like love overcoming strife; It seemed the harmonious echo From our discordant life.

It linked all perplexed meanings Into one perfect peace, And trembled away into silence, As if it were loath to cease.

I have sought, but I seek it vainly, That one lost chord divine, That came from the soul of the organ, And entered into mine.

It may be that Death's bright angel Will speak in that chord again; It may be that only in heaven I shall hear that grand Amen.

PARIS IS MY OLD KENTUCKY HOME Text: Bob Hilliard; music: Cy Coleman

"Irresistible" aptly describes this delightful, quintessentially American ramble. The New York Times' Frank Rich called Coleman's music "a delirious celebration of jazz and pop styles."

There's a town called Havana in Kansas And a town called Mexico, Maine, You can get to Copenhagen, Nebraska, On the Union Pacific Train There's a London down in Texas And Georgia has a town called Rome But I go to Paris, Kentucky, whenever I go back home

There's a place called Paris, but it's not in Paris
It's a little old town in the blue
Kentucky hills
There's a girl in Paris, but she's not in Paris
She's a resident of the green Kentucky hills

She's a sweet Kentucky babe, not one of those mademoiselles She's gonna be my American beauty When they ring those ding-dong wedding bells

When I leave the city and go back to Paris I won't have to leave the U.S.A. and roam 'Cause Paris is my old Kentucky home There's a China in Indiana, a Brazil

in Tennessee But Paris in Kentucky is the only place for me

She's a sweet Kentucky babe, not one of those mademoiselles She's gonna be my American beauty When they ring those ding-dong wedding bells

When I leave the city and go back to Paris I won't have to leave the U.S.A. and roam 'Cause Paris is my old Kentucky home

THE DREAM GALLERY: TODD (Taft) Text and music: Mark Abel

This is a stark portrait of life in and around Taft, California, an off-the-map oil town fallen on hard times. But clearly "Todd," the singer-narrator, does not wish to live anywhere else.

This town is dying.

Head west from the 5, through barren lands and tumbleweed, into the kingdom of the pumpjacks and abandoned houses. It is dry and the wind is raw. The Temblor Range broods in the distance; a vulture circles the roadkill on Highway 119. Soon you enter this sad place, built on oil, hope and grit, named for a hefty ex-president. A downtown that once hummed is quiet now, so quiet that a single car passing is a major event.

The shops are mostly empty, the sidewalks deserted.

Ghosts of commerce haunt these streets — the shuttered bank branch, the extinct car dealer, junk shops open two days a week, the drugstore whose shelves are covered with dust.

Hell, we don't even have a hospital here.

Shadows of late afternoon fall on the taqueria, its neon flickering dimly as an insect comes to rest. At night, mysterious lights twinkle from the Midway-Sunset. Stars fell on Alabama, the old song goes. But here they stay cold and high; West Kern is far from heaven.

My father was an oil worker, and so am I. My friends have left for Bakersfield, with its malls and subdivisions. They don't want to live in a place that time forgot. This town is dying, but it's still home to me.

If history appeals, come ride along. There is Elk Hills, part of a scandal tainting Harding.
The Lakeview Gusher, 1910, America's biggest strike; just a small stone plaque now, surrounded by broken bottles, rusted pipes and rotting timber.

Countless billions have been siphoned from here, but what was left behind? You can drive right into the fields, just don't inhale.
We have a witches' brew — poison gases, mists and pesticides.
What the oil hasn't finished, the cotton will.
A bitter wind blows through this land.

LONG TIME AGO Text: author unknown; music: Aaron Copland

Copland may well have been channeling Stephen Foster's 19th century sensibilities in setting this beautiful ballad from his "Old American Songs, Set 1."

On the lake where droop'd the willow Long time ago, Where the rock threw back the billow Brighter than snow.
Dwelt a maid beloved and cherish'd
By high and low,
But with autumn leaf she perished
Long time ago,
Rock and tree and flowing water
Long time ago,
Bird and bee and blossom taught her
Love's spell to know.
While to my fond words she listen'd
Murmuring low,
Tenderly her blue eyes glisten'd
Long time ago.

A NIGHTINGALE SANG IN BERKELEY SQUARE Text: Eric Maschwitz; music: Manning Sherwin

A romantic slice of pre-World War II British pop music, "Nightingale" has been recorded many times, by singers ranging from Vera Lynn and Glenn Miller to Frank Sinatra and Rod Stewart.

That certain night, the night we met There was magic abroad in the air There were angels dining at the Ritz And a nightingale sang in Berkeley Square

I may be right, I may be wrong But I'm perfectly willing to swear That when you turned and smiled at me A nightingale sang in Berkeley Square The moon that lingered over London town Poor puzzled moon, he wore a frown How could he know we two were so in love The whole darned world seemed upside down

The streets of town were paved with stars It was such a romantic affair As we kissed and said goodnight A nightingale sang in Berkeley Square

I still remember how you smiled and said "Was that a dream or was it true?"
Our homeward step was just as light
As the tap-dancing feet of Astaire
And like an echo far away
A nightingale sang in Berkeley Square
I know, 'cause I was there
That night in Berkeley Square

THE DREAM GALLERY: ADAM (Arcata) Text and music: Mark Abel

The Dream Gallery's final entry in this collection is a wistful, questioning rumination on what the future may have in store for a young man of today living in Arcata, a college town on California's North Coast.

Welcome to your future. ... You Boomers made one helluva mess. "Old Guys Rule," the T-shirts say, but for not much longer. It's the turning of the tide; inexorable. We're fed up. Enough of your bullshit! You communed with the cosmos but forgot about the planet.
Now the piper must be paid (like all pipers), and we're stuck with a terrible tab.
Thanks, Mom! And you too, Dad!
We'll slave to keep Social Security afloat.
Fat chance!
Our kids will grow up in trailer parks, living

Our kids will grow up in trailer parks, living a sci-fi nightmare.

And the damnedest thing of all: It didn't have to be this way.

I'm melting down over nothing; best to chill for awhile.

Drive past dear old Humboldt State — hillside haven for alternate realities, the North Coast's coolest girls. Memories of sweet surrender, nude beneath the redwoods, gently fading now. ...

Head for the java hut just off the square, step over the sidewalk scruffies who kissed off the material world.

Now here's my man Zeke;

we'll take our kayaks to Mad River Slough. Floating on God's creation, the seabirds wheeling high.

So near and yet so far from the answers that we seek.

We want to contribute! So many pathways, how can I be sure? Zeke laughs at my mistrust of the universe. Gina is teaching kids in the slums of East Timor,

Gary is gonna be helping a scientist to map the Great Pacific Garbage Patch. Phil is doing free web designs from a storefront in Harlem.

Chuck, the most brilliant of all, went back to the family farm in Garberville —a one-crop town. (Cash crop, you might say.)

Kimberly sold out and moved to Redmond; the graduation Lexus must have sealed the deal.

And that pretty much covers my crew.

What now?

Praise be to idleness, Zeke says.
Born too many centuries too late to be a
Roman patrician
or a hunter-gatherer striding through the
fields of ancient Eurasia.
I love him like a brother, but I have a
different destiny.

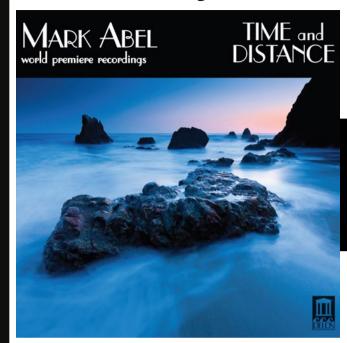
Clarity's elusive in this misty backwater; jobs are scarce, girlfriends scarcer. At long last, this may be the hour when I ponder the unthinkable. "California is an island drifting far from the continent." Matthias McKinley, my favorite professor, said. "You'll never understand America 'til you have seen it all." Soon I will leave the patchouli womb. I don't know where I'm going, but it's probably far from here. Maybe they need me in Cleveland or in dying Detroit. I'll aid their transition to the post-industrial age. I will remember all the fun we had, chasing utopias and rarely sad. Picture the setting sun over the Pacific's horizon.

it will inspire eternally.

Album design and layout: Lonnie Kunkel Cover photo: hanhanpeggy

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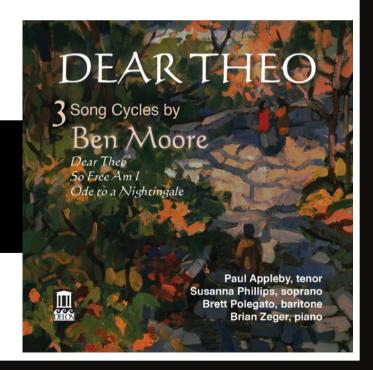
DE 3550, **Time and Distance**: Track 1, *The Benediction*

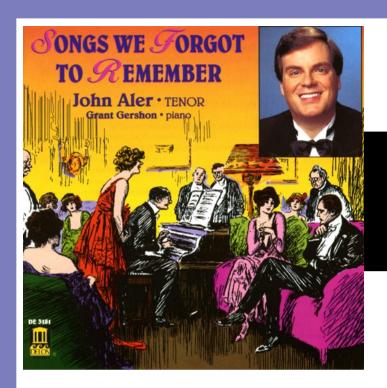
delosmusic.com/recording/time-and-distance

DE 3437, **Dear Theo**:

Track 2, The Lake Isle of Innisfree; Track 5, Dear Theo: The Red Vineyard

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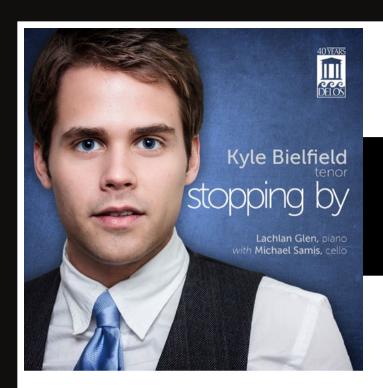




DE 3181, Songs We Forgot to Remember: Track 3, Annabel Lee; Track 10, The Green-Eyed Dragon; Track 11, The Lost Chord delosmusic.com/recording/songs-we-forgot-to-remember-john-aler

DE 3418, **The Dream Gallery:** Track 4, *Helen (Los Angeles)*; Track 13, *Todd (Taft)*; Track 16, *Adam (Arcata)* delosmusic.com/recording/mark-abel-the-dream-gallery-seven-california-portraits



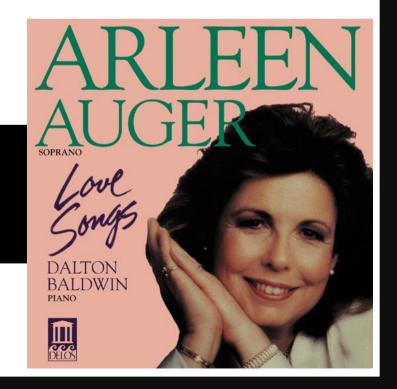


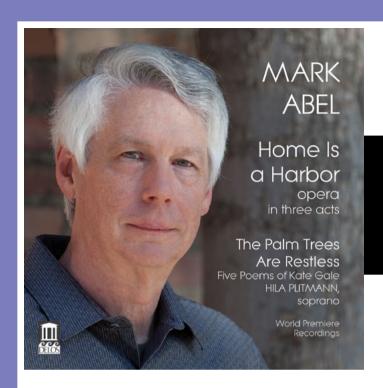
DE 3445, **Stopping By:** Track 6, *Stopping By Woods on a Snowy* Evening; Track 14, *Long Time Ago*

delosmusic.com/recording/stopping-by

DE 3029, **Love Songs:** Track 7, *The Salley Gardens;* Track 9, *Heart, We Will Forget Him*

delosmusic.com/recording/love-songs-with-arleen-auger





DE 3495, **Home Is a Harbor:** Track 8, *The Palm Trees Are Restless: Crater Light*

delosmusic.com/recording/mark-abel-home-is-a-harbor

DE 5001, **I Never Went Away:**Track 12, Paris is My Old Kentucky Home;
Track 15, A Nightingale Sang in Berkeley Square
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